

# TRI DELTA

Cornell Alpha Beta Alumnae

Alpha Beta Data

Spring 2026

## CONNECTIONS, NEW AND OLD

*Join Us for an Ithaca Reunion!*

What started as a personal commitment to support other women has turned into a gift that keeps on giving! As the new House Corporation president, I'm enjoying reconnecting with old friends and building relationships with many new ones.

Since it had been quite some time since my last visit to Ithaca, **Heidi Heasley Ford '87** and I returned to 118 Trihammer for a few days at the beginning of February. Memories of late-night dance parties and Jane Fonda aerobics quickly came flooding back—not to mention the single-digit temperatures and constant snow flurries!

As these happy memories return, they also remind me of the people I haven't seen in far too long, and I'd love to change that. I know many of us stay connected through road trips, and our Engagement Committee is working on a New York City summer get-together for our younger alumnae. I also think it would be fun to bring back some grown-up formals, complete with those classic pre-dinner getting ready parties. (Can you tell I was our social events chairman?)

To get us started, we're planning an Alumnae Weekend in Ithaca for **May 1-3**—hopefully with Ithaca's beautiful spring weather on display.

Events will take place at the house, on campus, and at local favorites like Ithaca Beer Co. The weekend is also perfectly timed with our Circle Degree ceremony and Pansy Brunch, so we'll have the chance to connect with the seniors as they become our newest alumnae as well.

Our theme will be "Lead Bravely, Act Boldly, and Develop Our Best Selves," i.e., Tri Delta's mission. And now feels like the perfect time to remind ourselves of those words. I hope you'll join us in May! Scan the QR code to visit [cornelltrideltaalumnae.com/conference](https://cornelltrideltaalumnae.com/conference) and register today.



If you're not able to attend this time, I completely understand. There are many other ways to stay involved, including volunteering and supporting house renovations. Please feel free to reach out—I'd love to connect and bring you up to date!

In Delta Love,  
**Aruna Inalsingh '86**

## ALUMNAE SUPPORT MAKING AN IMPACT

*Celebrating Philanthropy and Alumnae Support*

Happy spring, sisters! Here in Greenville, SC, the nurseries are fully stocked, and seeing all the pansies always brings Tri Delta to the forefront of my mind. I want to extend my gratitude to all of you who supported our collegiate and alumnae fundraising efforts this fall and winter. Your generous spirit uplifts and inspires me.

On November 11, Alpha Beta alumnae raised \$2,414 during Tri Delta's Day of Giving. As the House Corporation's Day of Giving ambassador, I had a wonderful time reconnecting with old friends and hearing from sisters I had not yet had the pleasure of meeting. A big thank you to everyone who supported Day of Giving. Here's to next year!

On November 12, our collegians held their \$24K in a Day fundraiser to benefit Tri Delta's national philanthropy, St. Jude Children's Research Hospital. Thank you to everyone who shared in our undergraduates' spirit of philanthropy by contributing to their fundraiser, which raised \$36,000.

In January, the chapter officers reached out to alumnae for help supporting sisters with meals during recruitment, and 25 alumnae answered the call by sending gift cards or placing delivery orders directly with establishments in Ithaca—including everyone's favorite grocery store, Wegmans!

**Claire Jacobson '28**, the chapter's vice president of membership experience, shared, "Thank you for your support! We were able to keep our women fueled while we focused on welcoming the next generation of Alpha Beta women."

Delta Love,  
**Risé LeBlanc Wilson '85**



## Recruitment



## Bid Day



# ALPHA BETA ON CAMPUS

## Tri Delta's Semester Highlights

### ACADEMICS

Our newest member class was officially welcomed into our chapter's academic lines. Through these lines, members connect with sisters in similar majors or fields of study to ask for advice on course selection, form study groups, and take classes with friends. It has been wonderful to see these connections grow as the new members build relationships with older sisters and gain support while navigating their academic paths.

### RISK AND WELLNESS

As a chapter, we have organized several wellness activities to help members recharge during busy periods. During finals season, sisters enjoyed a yoga session in the house to help everyone de-stress, and during a recent snowstorm, members went on a spontaneous sledding trip on the slope. These moments allow our members to connect in meaningful and uplifting ways.

### PHILANTHROPY AND AWARDS

Alpha Beta continues to demonstrate incredible dedication to supporting St. Jude Children's Research Hospital through our philanthropy efforts. Last semester, we raised more than \$36,000 during \$24K in a Day, which was made possible by the hard work of our members and the generosity of our community.

We also launched our *Sincerely Yours* campaign with an event where members gathered with

friends, enjoyed sweet treats, and wrote letters to support the cause. The event was especially exciting because filmmakers from St. Jude joined us to capture the experience and interview several members for future content.

Looking ahead, we are excited to host several philanthropy events as the weather warms up, including Delta House of Pancakes, our semesterly clothing sale, and the AXO/DDD bake sale.

### SISTERHOOD

We were thrilled to welcome 56 members to our sisterhood, bringing our chapter to 202 women. It's been great getting to know the new class through Alpha Week events, which were optional (but highly encouraged!) activities hosted at the house each day to strengthen connections and knowledge about Tri Delta. Events included sister speed dating, ice cream movie nights, and arts and crafts.

We are proud to share that 100% were officially initiated on February 22. We are so excited to welcome them fully into our sisterhood and look forward to the memories we will continue to create together.

Delta Love,  
**Ella Hartig '27**  
Chapter President

**We welcomed  
56 new  
members home  
this spring!**

## Welcome, New Members

**Lily Alderman** | Fitchburg, WI  
**Sam Arturo** | Westwood, NJ  
**Jay Bank** | Vestal, NY  
**Julia Barriga Cortez** | Cambridge, MA  
**Ariella Bonsi** | Parlin, NJ  
**Shreem Chakravarti** | Los Angeles, CA  
**Hosannah Choi** | Bellevue, WA  
**Mimi Chung** | Irvine, CA  
**Vivienne Cierski** | Northport, NY  
**Nina Cox** | Seattle, WA  
**Stephanie Cuevas** | Flanders, NJ  
**Marielle Daignault** | Brooklyn, NY  
**Anna Sophia Dao** | Honolulu, HI  
**Lexi DiSalvo** | Thornwood, NY  
**Paige Elliott** | Los Angeles, CA  
**Anna Etienne** | Deer Park, NY  
**Julia Fenigstein** | Scarsdale, NY  
**Mino Furtado** | Irvington, NY  
**Amelia Furnell** | Greenlawn, NY  
**Marin Gilmartin** | Southampton, NY  
**Bateel Ibrahim** | Newark, CA  
**Anna Kalishman** | New York, NY

**Ellie Kaplan** | Jacksonville, FL  
**Megan Kim** | Los Angeles, CA  
**Nika Lalic** | Belgrade, Serbia  
**Myla Lawler** | Durango, CO  
**Rachel Lee** | Jericho, NY  
**Phoebe Lee-Spera** | Los Angeles, CA  
**Sophia Lesokhin** | New York City, NY  
**Marianne Levitova** | Brookline, MA  
**Mia Lopez '28** | Weston, FL  
**Elizabeth MacLeod** | Amherst, MA  
**Kaylie Michael** | Rocky Point, NY  
**Julia Moss** | Brookhaven, GA  
**Veronica Morris** | New York City, NY  
**Kat Niu** | Newark, DE  
**Molly Nowlan** | Brooklyn, NY  
**Camille Parisot** | New York, NY  
**Rachel Park** | Rye, NY  
**Andrea Peng '28** | Reno, NV  
**Ariella Petersen** | Wilmette, IL  
**Maya Pousson** | Phoenix, AZ  
**Diyah Rahaman** | Lansing, NY  
**Rebecca Rha** | Douglaston, NY

**Logan Revell** | Manhattan Beach, CA  
**Jenell Rosales** | New Windsor, NY  
**Savannah Sandhaus** | Philadelphia, PA  
**Eva Scott** | Yuba City, CA  
**Pippa Scott** | Rutland, VT  
**Libby Speicher** | Baltimore, MD  
**Sahana Thyagarajan** | Bethesda, MD  
**Autumn Tienachariya** | Bellmore, NY

**Dani Traum** | Los Angeles, CA  
**Serena Wu** | Santa Monica, CA  
**Rose Yardeni** | New York, NY  
**Jessi Zheng** | Flushing, NY

*New sisters are all from the freshman class of '29, unless noted otherwise.*



## Helping Others Pitch Their Potential

During her sophomore year, the Tri Delta house felt like home to **Vicki Johnson '01**. Living alongside 25 other women, she found friendship, laughter, and a strong sense of community. That same year, she served as philanthropy chairman, organizing service and fundraising efforts that sparked her interest in public service.

Vicki remained active on campus and in the Ithaca community throughout her college years, earning the inaugural John D. Dyson Citizenship Award for her leadership. The recognition helped strengthen her path toward postgraduate opportunities.

The relationships she built in Tri Delta extended well beyond college. Over the years, she and her sisters have supported one another through moves, careers in cities like New York, Washington, DC, and San Francisco, as well as weddings, growing families, and life's many milestones.

After graduation, Vicki pursued a career in public service, supported by multiple fellowships that allowed her to live and work in the United States and abroad, including Germany and New Zealand, and to earn two graduate degrees, including a Ph.D. These experiences led her to found ProFellow, a

platform dedicated to expanding access to fellowships, fully funded graduate programs, and other professional opportunities—particularly for those who may not otherwise be aware of them.

Building on this work, Vicki authored *Pitch Your Potential*, a book that distills her experience advising thousands of applicants. It offers practical guidance on navigating competitive opportunities and presenting one's strengths with clarity and purpose.

Today, she remains engaged with the Tri Delta community and enjoys connecting with sisters who share an interest in fellowships, graduate study, and career development.



*A book signing reception for Pitch Your Potential in Washington, DC, on January 13. From left: Christina Falck Armstrong '02, Amy Cunningham Ganderson '01, Vicki, Lauren Eade Smith '01, and Kathryn Winstanley Tuttle '01.*



## HOUSE IMPROVEMENTS CONTINUE

Following the successful renovation of the Crescent last summer, the House Corporation has hired Rocco Construction to remodel and upgrade the group bathrooms on the second and third floors. The new bathrooms will feature larger shower stalls, improved storage, and greater privacy in the toilet areas (no more cracked or dingy grout). In addition, an unused closet on the second floor will be converted into a convenient half bath.

Several other improvements are underway or planned for the spring semester. These include the installation of a new security system and a refresh of the chapter room, featuring fresh paint, updated lighting, a new rug, and new couches. We hope the updated chapter room will become an even more welcoming space for sisters to gather and spend time together.

Join us May 1-3 during Alumnae Weekend to see these updates for yourself!

In Delta Love,  
**Heidi Heasley Ford '87**  
Property Chairman

Chapter  
Room



## A SPECIAL THANK YOU TO LOYAL SISTERS

Our sisterhood truly appreciates the following sisters for contributing to Alpha Beta in 2025-26. Your gifts make a difference in the lives of Alpha Beta's undergraduates and provide opportunities for sisters following in your footsteps!

**Thank you, Richard & Lucy Gaven '61, Jane Moore '68, Robin Charlton '74, Carol Antos '77, Wendy Stummer '83, and Marcela Hahn '90.**

*Also, special thanks to the following Recruitment Meal donors:*

Wendy Stummer '83  
Ris  Wilson '85  
Aruna Inalsingh '86  
Jenny Ritter Kelly '89  
Noelle Briand '90  
Ariane Horn '91  
Jen Moss '91  
Cristina Shaul '91  
Lisa Comesano '92  
Angela Cheng-Cimini '92  
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Kim Miller Beres '95  
Susan Minch '95

Evelyn Ronindel '95  
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Kerstin Mukerji '97  
Amanda Verba '97  
Tara Benedict '01  
Trish Sharma '16  
Amelia Chikota '22



To make your gift today, please visit [GiveCornellTriDelta.causevox.com](https://GiveCornellTriDelta.causevox.com), scan the QR code, or mail a check to:

Delta Delta Delta Cornell University  
Alpha Beta House Corporation  
410 Upland Road, Ithaca NY 14850

This newsletter brings updates on house improvements, what's happening on campus, a spotlight on **Vicki Johnson '01**, and ways to connect and engage with our beloved sisterhood!

*What are you waiting for?  
Turn to page 1 and start  
reading now!*

**Delta Links** is a social and professional networking program connecting Alpha Beta alumnae and sustaining lifelong sisterhood. We look forward to creating spaces for alumnae to meet, reconnect, and support one another.

**Look below for upcoming opportunities and recent event recaps.**



# TRIDELTA

Cornell Alpha Beta Alumnae

## Alpha Beta Data

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## Upcoming Events



**April 19 | 7-8 p.m. ET**

*Sending Kids to College Virtual Resource Session*

Join fellow moms to discuss planning visits, navigating

applications, and managing the emotions of launching your child into this next chapter.



**May 1-3**

*Conference and Circle Degree Ceremony*

All Alpha Beta alumnae are invited to Ithaca for our

first-ever one-day alumnae leadership conference. The weekend begins with a welcome dinner on Friday evening, followed by the conference on Saturday. On Sunday morning, we will hold our annual Circle Degree Ceremony and Pansy Brunch to welcome graduating seniors into alumnae status. Alumnae are invited to serve as sponsors during the ceremony.



**June 6 | 4-6 p.m.**

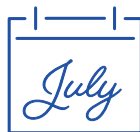
*Cornell Reunion Open House*

Visiting Ithaca for the reunion?

Stop by 118 Trihammer

to see recent house

improvements, connect with the current chapter, and reminisce across generations. Light refreshments will be served.



**July 11**

*Cornell Tri Delta Alumnae Meetup in NYC*

Join alumnae of all ages for a wine tasting and dinner

in lower Manhattan. Optional daytime activities and a Sunday morning breakfast meetup are being planned. To express interest, email **Tara Benedict Desmarais '01** at [tbenedict242001@yahoo.com](mailto:tbenedict242001@yahoo.com).

### ONGOING

Interested in organizing a meetup in your area? Email Tara to coordinate, and we will help connect you with local alumnae.

### Career Mentoring for Undergraduates

Alumnae are invited to meet one-on-one with collegians to share career advice. Email [cornelldeltalinks@gmail.com](mailto:cornelldeltalinks@gmail.com) to participate.

For more information and to register, visit [cornelltrideltaalumnae.com/conference](https://cornelltrideltaalumnae.com/conference).



## RECENT EVENTS RECAP

On October 25, Tara and **Emily Roehr '16** led a session at the house on staying connected after college and networking for internships, jobs, and graduate school. **Jill Fields '88**, **Jenny Ritter Kelly '89**, **Cristina Shaul '91**, **Maggie Jones '19**, and **Claire Noack '20** also participated.

The October Session Attendees program currently matches 21 alumnae with undergraduates based on shared interests, majors, or hometowns. Alumnae connect through email, text, Zoom, or FaceTime and send cards, culminating with a finals-week care package.

*October Session Attendees*



Additional recent events included a Virtual Happy Hour on caring for aging loved ones on November 16 and a follow-up session led by **Holly Hoehner '94** and **Jennifer Kean '93** on February 22.