

## A TRIP DOWN MEMORY LANE

*Hello, Deltas! Happy spring to all of you!*

This February in Minnesota was one of the snowiest on record, so I should probably write happy pothole season instead of happy spring at this point. But the weather is approaching the 40s and 50s, so we'll take what we can get.

I hope this spring and summer for you is a time of reflection, an opportunity for growth, and a chance to intentionally connect with the women in your life who are meaningful to you.

I'm close to the end of my tenure as House Corporation president, so I'm doing a little walk down memory lane as I seek to update you about some happenings on campus.

I can remember returning to my Collegetown apartment one afternoon my sophomore year and finding that everything in my entire room had been flipped upside down. Desk, drawers, closet, artwork... if it was possible for it to be upside down, it was. I knew in an instant who had done it (or what group had done it) and was positive I knew why they had done it. My BFF called and asked me to come up to her apartment on North Campus, in the townhomes. Same story there, just a different level of magnitude—almost all of the apartment had been “flipped.” You can imagine the sound of pulling out your silverware drawer if it's been put back into the cabinet upside down. I was amazed, astounded, and I think together all of us laughed more than we had that entire year.

The night before we had snuck into the Tri Delta house, having obtained the security code from an older sister who was complicit in our plan. It was the ever-present and annual prank night hosted by the incoming new member class. A consummate rule follower with a splash of sporadic fun, I had met the woman who would become my roommate in the house, my partner in all things Tri Delta, and my person; someone who was continuously fun with a splash of rule following. We paired up and took on the role of prankster partners. What did we do, back in the early '90s to “get” the sisters in the house? Mint toothpaste in the Oreo cookies, Saran Wrap over the toilets, Vaseline down the bannisters. I'm sure there was more, but those were the things that stand out. And by the afternoon of that day, retribution was in full effect. Our sisters had flipped our rooms. I still have no idea how they got into my Collegetown apartment.

My kids love it when I tell the story. I often ask myself, though, what kept us in the bounds of reason? What protected us from going too far in the prank or the payback? We now know enough about brain development to understand it wasn't our frontal lobes that were putting boundaries in place. As I reflect on what kept us bound to each other and to an ongoing milieu of respect and support, I realize it was the women in my new member class and the collegiate chapter members. The expectations of excellence, softened by constant support and love, and the creation of safe spaces for honesty and growth, were critical to our development

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## Time Flies at Alpha Beta

### Fall and Spring Pack Numerous Accomplishments in Chapter Leadership



*Courtney Xu '21 and Amelia Zohore '21.*

This spring semester has been off to a great start for our chapter. We returned to Ithaca in January for a very successful recruitment and have since welcomed 46 new members to our chapter. Before I talk about the exciting things coming this semester, I'd like to take a second to reflect on achievements from the fall.

#### BODY POSITIVITY

We started off the semester with our annual Body Image 3D week, where we take time to thank our bodies for all they do for us and celebrate body positivity across campus. Body Image Coordinator **Julia Romanelli '21** organized a week full of fun events, some of which included: Post It Forward, where we wrote little positive notes to spread across campus; Treat Yo'Self Tuesday, where we handed out a variety of snacks across campus reminding students that food is fuel, and you should eat what makes

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*Jessica Hong '20, Lexi Farina '20, Allie Buccino '20, and Taylor Meyer '20.*

# Time Flies at Alpha Beta

(Continued from page 1)



Sara Saxena '21,  
Aneri Patel '21, and Kaitlyn Zhao '21.



Isabel De Brebanter '19, Maya Cutforth '20, Alex Evnin '19,  
Sophia Yackel '19, Madeleine Tom '19, and Hannah Angle '19.



Boya Zhang '20, Emma Clark '20,  
Athena Delgado '20, Fiona Morrison '20,  
Maitreyi Dave '20, and Melissa Page '20.

you feel good; and the “I am” Campaign where we recognize our favorite nonphysical attributes.

## COMMUNITY INVOLVEMENT

Our chapter also went above and beyond with service this semester. Tri Council debuted a new initiative replacing Greeks Give Back where chapter members could choose to volunteer at a variety of service events in the Ithaca community throughout the semester, and awarded each chapter based on their level of participation. In September, I volunteered with my roommates to help build an inclusive and accessible playground in Stewart Park, but other opportunities included Into the Streets, Halloween at Southside, and more! I am so proud to say that our chapter reached 98% participation, the highest in the Panhellenic Council (PHC). I have been so impressed with the commitment of our members and I can't wait to see how we continue this semester.

## ALPHA BETA ON PHC

Last, but not least, to finish recapping last semester I am excited to announce that two of our members have been elected to the Panhellenic Council Executive Board. **Samantha Lee '21** and **Maya Cutforth '20** will be serving as the vice president and president, respectively, of university and community relations.

We can't wait to see how they will positively shape the future of PHC!

## SPRING HAS SPRUNG

This semester has already been off to a great start, with a successful recruitment and a very informative trip to the Collegiate Leadership Conference in Dallas, but we still have so much to come. We held our St. Jude Week in March where we raised money and awareness for St. Jude through our annual Choppeddd competition, and of course Sincerely Yours. We also have the Polar Plunge, benefiting Special Olympics New York, and Relay for Life to look forward to later in this packed semester!

Thank you to all of the alumnae who continue to support us. We look forward to seeing you at 118 Triphammer over Reunion Weekend, or anytime you're back in Ithaca. Our doors are always open!



Delta Love and Mine,  
**Athena Delgado '20**  
Collegiate Chapter President  
aad223@cornell.edu

# A TRIP DOWN MEMORY LANE

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as young women and are key components of what makes the Greek system such an important opportunity for young individuals.

As a refresher, Cornell is continuing its work to create a safe and thriving atmosphere on campus for individuals who choose to participate in Greek life. Tri Delta, like most Panhellenic sororities, already has many efforts in place, including having an adult living in the house as a house director/house mom, as well as ensuring the chapter has policies and

procedures in place to protect all sisters and new members. As part of recruitment this year, all potential new Greek members went through training (see the CALC article for more details). The Office of Greek Life is encouraging more upper-class officers to live in the house as well. Our current Alpha Beta undergraduates are doing a beautiful job putting plans in place to meet these requirements and gently pushing back and asking for alternatives where the requirements are overly restrictive. The chapter will change up its slating process so that the nominating slate is determined in

the fall and new officers have enough lead time to make decisions about living in the house for the following year.

You should continue to be proud and enthusiastic supporters of our collegiate members as they are really living up to the spirit of Tri Delta! There is also an initiative at Cornell to encourage all sophomores to live on campus; living in a Greek house will meet that requirement. This, too, will help our chapter as it encourages and enables more sisters to live in the house over the years. You

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## MARGIE WANG '79 PRAISES ALPHA BETA FOR CONTINUING TO RECRUIT GOOD-HEARTED YOUNG WOMEN

It can be hard to find yourself on a large campus like Cornell's without aligning yourself with an organization. That was the case for **Margie Wang '79**. A few of her friends went through formal recruitment and had good experiences with Tri Delta, so she did the same and felt a very similar connection. Alpha Beta presented Margie with a diverse membership, complete with young women from varied backgrounds, interests, and fields of study.



"For me it represented a good depiction of the university, but in a smaller capacity," Margie said. "I have since realized that through your career and whole life you meet people you know nothing about and often must be comfortable in a room with people you don't know. I credit the recruitment process at Cornell in helping me become accustomed to that comfort and learning about other people. I highly recommend Greek life for any incoming students. It's a great experience and gives you a sense of how diverse the world is after college."

Someone who took that advice was Margie's daughter, **Marlene '11**. She not only went through the recruitment process, but followed in Margie's footsteps directly to Alpha Beta. "When Marlene joined Tri Delta, I felt great joy and pride. It brought back some wonderful memories and I could tell they were recruiting the same type of young women as when I was a collegiate member—good-hearted young women who wanted to do good and help others. That was a fantastic feeling to see the nature of who was joining hadn't changed."

Margie's career journey started at a male-dominated engineering firm. It was very important that she found a mentor who would support her and help her obtain her MBA while maintaining a full-time job. "In changing jobs within Exxon Mobil every 18-24

months, I learned about commitment, rigor, discipline, accountability, and management and interpersonal skills which served me very well."

After two decades in the industry with Exxon Mobil, Margie joined Girl Scouts of the USA as Vice President Finance and Technology and was part of the transformation that took Girl Scout councils from over 300 to 112, as well as led the adoption of a unified membership platform for the movement. With 30-plus years of experience in finance, technology, and business management under her belt, she now works as COO and CFO for JA (Junior Achievement) Worldwide, which operates in over 100 countries and serves more than 10 million students every year teaching youth about entrepreneurship, work readiness and financial literacy. "I've had the good fortune of working for two renowned not-for-profit organizations leveraging my skills to make a greater impact on youth globally, and make the world a better place. I am grateful for all of life's opportunities that have led to a fulfilling life of service."

Margie and her husband, Bill, live in Madison, New Jersey. They have two children, Marlene and Alexander (a Cornell '14 graduate—Big Red runs deep in the Wang family!). Margie is a gardener and really enjoys being outside and being with nature, seeing the product of her labor. She also enjoys traveling and meeting people from different parts of the world, especially young people. "No matter where they come from, everyone wants to succeed. Young people, in particular, need that lending hand to give them the confidence to go after their dreams."

You can contact Margie at [bmw7784@aol.com](mailto:bmw7784@aol.com).

can read a brief update on what we've been up to related to infrastructure and the house in the Property Committee article.

For those of you tracking my daughter's interest in the Greek system, here's an update: just like letter jackets are back in vogue with young people, so is the "Greek wear" we all purchased in college. She wears my letter sweatshirt or a Tri Delta t-shirt a couple of times each week. So do her girlfriends whose moms went to school all over the country. There is still something so compelling about a group of young women, a collection of adamant supporters, a squad of undergraduate excitement. I believe that collective has

always made us hopeful and continues to do so. What we can accomplish with each other and for each other when we are bonded together is so much greater than what we can do apart.

Right now Maddy is compiling her list of colleges to which she wants to apply. And after she identifies each one, she has been asking, 'Mom, is there a Tri Delta chapter on campus?' I dutifully look it up and make a note for her to put into her ever-expanding file folder. And in case you wondered, Cornell is on her list.

**A reminder that Cornell Reunion will be the weekend of June 7, 2019. We'll have a**

**gathering of Alpha Beta alumnae on June 8 from 1-4 p.m. at the Chapter House, 118 Triphammer. We hope you'll join us if you're returning to Ithaca. And be sure to take and send along some pictures!**

It has been such a pleasure serving on the House Corporation board these past three years. I look forward to continuing my support of such an amazing group of women of all ages, as we seek to grow and learn together.

Delta Love,  
**Heather Brit '93**

AB House Corp President  
[heather.rae.britt@gmail.com](mailto:heather.rae.britt@gmail.com)

## Alpha Beta Welcomes Springtime and House Upgrades

Spring seems especially welcoming this year for our property maintenance staff who dealt with a steady workload of snow removal and ice prevention these past months. Ice formed on the upper sun decks as well and they were called to action to avoid internal damage to the house.

The chapter wish list includes a new washer and dryer and some revamping to the laundry area. We hope to upgrade appliances and improve storage in the room.

The kitchen lighting needs were met with more efficient replacements, and inspections confirm compliance with safety standards. Proposals are being sought for window repairs and upgrades with a primary consideration to ensure that the district historical guidelines for the property are met.

Delta Love,

**Robin Secord '85**

Property Committee Chairman

(716) 331-2945 | rsecord1@verizon.net

## THANK YOU, GENEROUS ALUMNAE, FOR YOUR SUPPORT

We are especially thankful for the generous contributions to the Alpha Beta House Corporation made by the following alumnae in fall 2018. You make a difference in the future of Alpha Beta at Cornell University. Donations sent this spring will go toward a reconfiguration of the laundry room. **To give online, please visit [tinyurl.com/CornellTriDeltaDonate](https://tinyurl.com/CornellTriDeltaDonate).**

Below is a list of our fall 2018 contributors. If an error has been made in recording your gift, we sincerely apologize. If corrections to your giving records are needed, please contact our campaign coordinator at (785) 843-1661. Thank you, again, for your loyal support.

Marian Young Bradley '48  
Jean Schultheis Brechter '49  
Jean Lanigan Lenehan '54  
Jane Gregory Wilson '54  
Sheila Moy Saul '72  
Barbara Wooten Chamberlain '78  
Antoinette Clark White '82  
Jean Leskovec Davis '84  
Julie Bick Weed '86  
Laurie Thatcher-Price Enke '87



Alpha Beta alumnae attended the Cornell Alumni Leadership Conference held in Boston in February. Pictured from left: Louise Vacca Dawes '76, Kathleen Kelley '76, Alison Dick '77, Mary Caso Miller '76, Carol Benson Antos '77, and Michele Landis Morisey '76.

## NEW TAKEAWAYS FROM CORNELL ALUMNI LEADERSHIP CONFERENCE

At least seven Alpha Betas attended the Cornell Alumni Leadership Conference held in Boston in February: **Kathleen Kelley '76, Louise Vacca Dawes '76, Rosalie Cincotta Boothe '05, Katherine Stifel '87, Carol Benson Antos '77, Michele Landis Morisey '76, Mary Caso Miller '76, Alison Dick '77, and Margie Wang '79.** It was a weekend full of inspiring speakers, practical advice for class officers and reunion chairs, as well as that special camaraderie shared by Cornellians around the globe.

Many of us attended the session on Greek life and learned more details about the recent changes in the recruitment process put in place by the university. Kara Miller McCarty, Director of Sorority and Fraternity Life, explained to a room of 100-plus alumni that any individual who desires to participate in recruitment is required to participate in an orientation (IFC in-person, PHC online) and bystander intervention training. This orientation covers university expectations, hazing awareness, policies on drug and alcohol use, and policies on sexual and related misconduct. The intervention training includes discussion of micro-aggression, hazing prevention, bystander intervention, and sexual violence awareness.

The educational and intervention training takes about an hour or two and was seen by some alumni as an extra barrier for recruitment. The new program has decreased the number of men and women going through recruitment, but one current student from IFC noted that the students participating were more likely to join since they were already more committed to going through the process.

Others felt this was valuable training that should be required of ALL new Cornell students, not just those exploring Greek life.

Delta Love,

**Carol Benson Antos '77**

carolantos@gmail.com

## Volunteer with Alpha Beta Today!

The House Corporation is always looking for new members. We would welcome anyone interested in helping. Consider the opportunity to reestablish the bonds of sisterhood along with alumnae across the decades to maintain the future of Alpha Beta at Cornell University.

There are opportunities to serve on our board or one of our committees. The Finance Committee works on fiscal issues, the Property Committee

works on keeping our house in shape, and the Communications Committee works on our biannual newsletter and social media presence. Our Nominating Committee works on recruitment and keeping our board and committees filled with active members. Time commitment may only be a few hours per month. Please consider giving back, and contact us at [alphabetahc@gmail.com](mailto:alphabetahc@gmail.com).

## WELCOME TO ALPHA BETA

**Melanie Adams**  
Brooklyn, N.Y.

**Nahbuma Gana**  
Poolesville, Md.

**SeungEun Lee**  
Ithaca, Ala.

**Aurora Mussey**  
Bay Village, Ohio

**Alice Sullivan**  
Austin, Texas

**Zoe Alcott**  
Princeton, N.J.

**Kassidy Hamilton**  
Los Angeles, Calif.

**Stella Linardi**  
Cerritos, Calif.

**Stephanie Neitlich**  
Smithtown, N.Y.

**Khatrina Te**  
McAllen, Texas

**Ashlyn Amsden**  
Hammondsport, N.Y.

**Molly Heck**  
Sammamish, Wash.

**Erin Mance**  
Weatherford, Texas

**Olive Onyekwelu**  
Houston, Texas

**Malama Toure**  
Staten Island, N.Y.

**Andrea Anaya**  
Houston, Texas

**Mary Kate Henderson**  
Oakland, Calif.

**Hannah McManus**  
Bedford, N.H.

**Wemi Oshun-Williams**  
Kent, Ala.

**Oniya Valencia**  
Tucson, Ariz.

**Emily Augustyniak**  
Elma, N.Y.

**Talia Isaacson**  
San Diego, Calif.

**Claire Meakem**  
Sewickley, Pa.

**Samantha Puzzi**  
Orwigsburg, Pa.

**Maya Voelkel**  
Indianapolis, Ind.

**Abigail Auwaerter**  
Blue Point, N.Y.

**Aleena Ismail**  
Chicago, Ill.

**Anjali Miller**  
Chester, Conn.

**Lexi Quarles**  
San Jose, Calif.

**Lindsey Williams**  
Wheaton, Ill.

**Lily Becker**  
Montclair, N.J.

**Zoe Johnsen**  
Hillsborough, N.C.

**Victoria Montero**  
Walden, N.Y.

**Shelby Ragin**  
Jackson, N.J.

**Julianna Wolochuk**  
Selden, N.Y.

**Amelia Chikota**  
Chappaqua, N.Y.

**Ashley Johnson**  
Richmond Hill, Ga.

**Meredith Moore**  
Houston, Texas

**Kaleigh Remick**  
Holmdel, N.J.

**Jessica Yuan**  
Camarillo, Calif.

**Madison Cottingham**  
Wilmette, Ill.

**Marianne Juca**  
Larchmont, N.Y.

**Brittney Munayirji**  
Muttontown, N.Y.

**Chloe Shores**  
Chicago, Ill.

**Sloan Kiriluk**  
Bloomfield Hills, Mich.

**Fatoumata Sidibe**  
Central Falls, R.I.

STAY CONNECTED  
WITH ALPHA BETA



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DELTA DELTA DELTA

2019 Reunion

GATHERING

Saturday, June 8, 1-4 p.m.  
118 Triphammer Rd.

Please join sisters from across the decades at the Tri Delta Open House! Reunion is a great time to reconnect with sisters and see some of the improvements that have been made at the house.

## Congratulations, Seniors

Alpha Beta is excited for our senior sisters who are graduating this spring. While we are sad to see you go, we look forward to what the future has in store for you.

Majelia Ampadu '19  
Katie Anderson '19  
Hannah Angle '19  
Nicole Brennan '19  
Diamond Brisbane '19  
Anna Brzozowski '19  
Jenna Clift '19  
Isabelle De Brabanter '19  
Alex Evnin '19  
Hannah Fuller '19  
Christina Garvey '19  
Olivia Gauck '19  
Lauren Goldman '19  
Molly Huber '19  
Julia Kang '19  
Sara Korniewicz '19  
Isabel LaRaia '19  
Aliza Maki '19  
Jackie Pogladek '19  
Samantha Roemer '19  
Tiffany Ross '19  
Lenore Schiller '19  
Holly Tapani '19  
Madeleine Tom '19  
Rachel Wenger '19  
Sophia Yackel '19  
Deniz Yilmazer '19  
Lynn Zhao '19

TRIDELTA

Cornell Alpha Beta Alumnae

Alpha Beta Data

Spring 2019

Cornell Alpha Beta Alumnae  
Delta Delta Delta  
Cornell University  
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Lawrence, KS 66044-2100

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**Attention:** This newsletter is intended for alumnae, undergraduates, and parents. If your daughter is still attending Cornell University, she will receive a copy at the Chapter House. If she has graduated, please send us her permanent address to update our records. Thank you.

## CHAPTER OFFICERS

President <b>Athena Delgado '20</b> Cambridge, Mass. (617) 460-6697 aad223@cornell.edu	Continuing Education Chairman <b>Alex Evnin '19</b> San Francisco, Calif.	Licensing Chairman <b>Kendall O'Shea '21</b> Perkasie, Pa.
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	Intramurals Chairman <b>Kyra Houle '20</b> Eaton, Ohio	Activities Chairman <b>Delaney Ho '21</b> Beaumont, Calif.
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